



American Red Cross

Summer 2020: Health and Safety Courses-

The New Market Community Pool will be hosting health and safety courses to train applicants interested in becoming a certified lifeguard or reviewing for recertification.

COURSE OFFERING:	COST:	SCHEDULE:
Lifeguarding r17	\$50.00 Down Payment \$250.00 Total Amount	Monday, May 18, 2020 4:30 p.m. to 9:00 p.m. New Market Community Pool Tuesday, May 19, 2020 4:30 p.m. to 9:00 p.m. New Market Community Pool Wednesday, May 20, 2020 4:30 p.m. to 9:00 p.m. New Market Community Pool
Lifeguarding Review r17	\$25.00 Down Payment \$175.00 Total Amount	Sunday, May 17, 2020 1:00 p.m. to 9:00 p.m. New Market Community Pool

REGISTER ONLINE:

Certifications: AED, CPR for the Professional Rescuer, First Aid, and Lifeguarding. Upon successful completion of this course, participants will receive a certification from the American Red Cross via email valid for two-years.

Instructor: Corey H. Harlow, LGI (540-335-0853 or charlow@pagecounty.k12.va.us)

Topics: Lesson 1: The Professional Lifeguard and Facility Safety, Lesson 2: Facility Safety, Patron Surveillance and Injury Prevention, Lesson 3: Injury Prevention and Rescue Skills, Part 1, Lesson 4: Rescue Skills, Part 2, Lesson 5: Before Providing Care, Victim Assessment and Breathing Emergencies, Lesson 6: Cardiac Emergencies and Using an Automated External Defibrillator, Lesson 7: First Aid, and Lesson 8: Head, Neck, and Spinal Injuries in the Water

Register Online: <https://forms.gle/cKg1r76yHxnbiMbN8>